

PURE ESSENTIAL OILS

Aromatherapy is the use of essential oils to promote health and vitality.

Brief descriptions of the Omega oils

Bergamot *Citrus bergamia*
For anxiety and tension, emotionally uplifting. Benefits skin conditions such as acne, eczema. *Phototoxic.*

Citronella *Cymbopogon winterianus*
Insect repellent. Deodorizing.

Eucalyptus *Eucalyptus globulus*
Powerful antiseptic, antiviral, antibacterial. Expectorant, colds, sinus, to clear the head. Relieves muscular aches and arthritic pain.

Olibanum/Frankincense *Boswellia carteri*
Elevating effect on mind and emotions. Useful on nightmares, respiratory conditions, rheumatism. Helps to revitalise mature skin.

Geranium *Pelargonium graveolens*
Balances the emotions and regulates the hormones. Diuretic/cellulite. Refreshing antidepressant. Balances skin conditions.

Grapefruit * *Citrus decumana*
Uplifting, encourages decision-making, aids concentration. Refreshing antidepressant. *Phototoxic.*

Juniper berry *Juniperus communis*
Cleansing to body and mind. Detoxifying diuretic. Stimulates the circulation. Astringent.

Lavender *Lavendula officianlis*
Calming, balancing. Promotes healing, anti-inflammatory. Headaches, insomnia and colds. (Avoid during 1st 3 mths of pregnancy if there is a history of miscarriage.)

Lemon * *Citrus medica*
Refreshing, clears the mind. Antibiotic, boosts the immune system. Digestive tonic, aids the circulatory system. Do not use in the bath. *Phototoxic.*

Mandarin * *Citrus madurensis*
Calming, uplifting, with a gentle tonic effect, especially on stomach and liver. Good for elderly people and children, and for upset tummies. Safe to use during pregnancy and on children. *Phototoxic.*

Marjoram *Origanum marjorana*
For sprains, bruises, colds, arthritis, intestinal and menstrual cramps, anxiety, asthma, bronchitis, insomnia.

Orange * *Citrus aurantium*
Cheerful, uplifting. Brings relief to headaches, sleeplessness and feeling of irritability. *Phototoxic*

Pine Scotch *Pinus sylvestris*
Refreshing stimulating. Expectorant, antiseptic to lungs, Colds, catarrh, sore throats, chest infections. Stimulates circulation, relieves muscular pain.

Rosemary *Rosmarinus officinalis*
Invigorating, stimulating. Promotes mental recall and clarity. A powerful nerve stimulant. Relieves muscular pain. *Avoid if suffering high blood pressure or epilepsy.*

Rosewood Bois deRose *Aniba rosaedora*
Balances emotions and skin conditions oily or dry or wrinkles, stimulates immune system.

Tea Tree *Melaleuca alternifolia*
Antiseptic, antiviral, antifungal. Strengthens the immune system. Aids respiratory conditions.

LUXURY BODY OIL BLENDS in Sweet Almond carrier oil

Rejoice - Neroli, Rosewood, Bergamot [uplifting].

Relax - Geranium, Orange, Sandalwood [peaceful and nurturing].

Recovery - Lavender, Rosemary and Rosewood [after gardening or exercise].
\$10 [50 ml]

OMEGA ESSENTIAL OILS

Pure Essential Oils Price List

bringing natures perfumes into use

prices NZ\$ include GST	10 ml
Bergamot	\$6.00
Citronella [<i>insect repellent</i>]	\$5.00
Eucalyptus	\$5.00
Olibanum/Frankincense	\$14.00
Geranium Rose	\$10.00
Grapefruit *	\$6.50
Juniperberry	\$9.00
Lavender	\$8.00
Lemon *	\$5.00
Mandarin *	\$7.50
Marjoram	\$9.00
Orange *	\$6.00
Pine	\$10.00
Rosemary	\$4.50
Rosewood Bois de Rose	\$9.00
Tea Tree	\$6.00

* These essential oils are phototoxic oils and should not be used on the skin before exposure to sunlight.

Sweet Almond Carrier Oil

for you to add your favourite oils to.
\$5 [50 ml]

Wholesale Prices at 01/08/07
[prices may change without notice]